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Upper Endoscopy Preparation (EGD)

DATE: PROCEDURE TIME:	CHECK-IN TIME:	
	SONORAN ENDOSCOPY	
	950 N MCQUEEN RD STE 101	
	CHANDLER, AZ 85225	
	PHONE: (480) 847-1800	
	Minerva PAT Nurse: (602) 848-3949	
	PATH BILLING (480)210-1214	
	ANES BILLING (800)959-5509	

7 days prior to the procedure:

- PLEASE DISCONTINUE all blood thinning and anti-inflammatory medications. This includes, but not limited to, Coumadin, Plavix. Also discontinue any NSAID's (nonsteroidal anti-inflammatory drugs) such as, but not limited to, aspirin, aspirin type products, Ibuprofen, Aleve, Advil, etc.
 TYLENOL MAY BE TAKENPLEASE DISCONTINUE all semaglutides such as, but not limited to, Ozempic, Rybelsus, Wegovy, Trulicity, Victoza, Saxenda, Byetta, Bydureon, Mounjaro
- If your doctor has prescribed any of the medications listed above, please consult with your doctor before discontinuing.

If you are diabetic, check with your primary care doctor regarding diet and medication instructions.

INSTRUCTIONS FOR YOUR PREP:

The Day **BEFORE** Your Procedure – **DO NOT EAT** after **MIDNIGHT**.

The Day **OF** Your Procedure – **DO NOT EAT** prior to the procedure.

DO NOT DRINK any liquids 6 hours prior to the procedure.

Examples of clear liquids: Coffee (no cream), Tea, Sprite, Ginger Ale, Apple Juice, Gatorade

NO PURPLE, RED, OR BLUE LIQUIDS

Please arrive 45 minutes before the procedure. You must have a ride and they must stay for the duration of your procedure(s). Please also have the name of your driver and phone number available at check in. (No cabs or Uber unless accompanied by someone 18 years or older)